### MONOGRAPH

# Captopril

Scope (Staff):	Medical, Pharmacy, Nursing, Anaesthetic Technicians	
Scope (Area):	All Clinical Areas	

# **Child Safe Organisation Statement of Commitment**

CAHS commits to being a child safe organisation by applying the National Principles for Child Safe Organisations. This is a commitment to a strong culture supported by robust policies and procedures to reduce the likelihood of harm to children and young people.

This document should be read in conjunction with this **DISCLAIMER** 



HIGH	RISK	MEDIC	INE !

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<u>Dosage/Dosage</u>	Administration	Competibility	Monitoring
Adjustments	Administration	<u>Compatibility</u>	Monitoring

### **DRUG CLASS**

Captopril is an angiotensin-converting enzyme inhibitor (ACE inhibitor)<sup>1</sup> Captopril is a High Risk Medicine.

For all doses less than 1000 microgram (1 mg), the captopril 5000 microgram/mL (5 mg/mL) oral solution must be diluted. Refer to Administration section.

## INDICATIONS AND RESTRICTIONS

- Hypertension<sup>2</sup>
- Heart failure<sup>2</sup>
- Proteinuria in nephritis<sup>3</sup>
- Diabetic nephropathy<sup>3</sup>

### **CONTRAINDICATIONS**

- Hypersensitivity to captopril, any component of the formulation or other ACE inhibitor<sup>4</sup>
- Idiopathic/hereditary angioedema<sup>5</sup>
- History of angioedema with ACE inhibitor use<sup>5</sup>
- Pregnancy<sup>5</sup>

### **PRECAUTIONS**

- Volume or sodium depletion<sup>1</sup>
- May be less effective in Afro-Caribbean population<sup>1</sup>
- Primary aldosteronism may be ineffective<sup>1</sup>
- Renovascular disease (e.g. renal artery stenosis)<sup>1</sup>
- Renal impairment<sup>2</sup>
- Collagen vascular disorders<sup>1</sup>
- Hypertrophic cardiomyopathy<sup>4</sup>
- Aortic stenosis<sup>4</sup>

#### **FORMULATIONS**

Listed below are products available at PCH, other formulations may be available, check with pharmacy if required:

- Tablets 25 mg
- Oral solution: 5 mg/mL

Imprest location: Formulary One

### **DOSAGE & DOSAGE ADJUSTMENTS**

**Neonates: Refer to Neonatal Medication Protocols** 

For all doses less than 1000 microgram (1 mg), captopril 5000 microgram/mL (5 mg/mL) oral solution must be diluted. Refer to Administration section

## Volume- or sodium-depleted (e.g. taking diuretics):

Halve initial dose<sup>2</sup>, titrate dose more slowly<sup>2</sup>

# Hypertension, proteinuria in nephritis<sup>2, 3, 6</sup>

## 4 weeks -12 months

Initial (test) dose 0.05 to 0.1 mg/kg (maximum dose 6.25 mg), then if tolerated titrate to response, usual dose 0.1 to 0.3 mg/kg/dose 2 to 3 times daily.

Maximum dose: 6 mg/kg/**DAY**<sup>6</sup>, in 2 or 3 divided doses (up to 4 divided doses in hypertension<sup>6</sup>)

## 1-12 years

Initial (test) dose 0.1 mg/kg (maximum dose 6.25 mg), then if tolerated titrate to response, usual dose 0.3 to 0.5 mg/kg/dose 2 to 3 times daily.

Maximum dose: 6 mg/kg/DAY (up to 150 mg/DAY), in 2 or 3 divided doses

#### 12-18 years

Initial (test) dose 6.25 mg, then if tolerated titrate to response, usual dose 12.5 to 25 mg/dose 2 to 3 times daily.

Maximum dose: 150 mg/DAY in 2 or 3 divided doses

# Diabetic nephropathy<sup>3</sup>

## 12-18 years

Initial (test) dose 6.25 mg, then if tolerated, 12.5 to 25 mg/dose 2 to 3 times daily. Increase as necessary to maximum of 100 mg/**DAY** in 2 or 3 divided doses

#### Heart failure<sup>2</sup>

Doses and titration as for hypertension but daily doses are **lower** in heart failure (e.g. up to 3 mg/kg/**DAY**<sup>2</sup> in 2 or 3 divided doses) than in hypertension.<sup>3</sup>

**Dosing in Overweight and Obese Children**: Dose based on measured body weight.

## Renal impairment<sup>7</sup>:

### eGFR calculator

- CrCl > 50 mL/min/1.73m<sup>2</sup>: no dosage adjustment required
- CrCl 10 50 mL/min/1.73m<sup>2</sup>: reduce dose by 25%
- CrCl < 10 mL/min/1.73m<sup>2</sup>, intermittent haemodialysis, peritoneal dialysis: reduce dose by 50%
- Continuous renal replacement therapy: reduce dose by 25%

## **Hepatic impairment:**

No dosage adjustment provided by manufacturer<sup>4, 5</sup>

#### **ADMINISTRATION**

## NOTE: Captopril is teratogenic. Do not crush or disperse tablets if you are pregnant<sup>5</sup>

- Administer on an empty stomach (1 hour before or 2 hours after food), <u>OR</u> give consistently in relation to food (oral absorption is reduced by 30-40% with food)<sup>4</sup>
- Tablet: Can be crushed and/or dispersed in water.<sup>5, 8</sup>
- Oral liquid: Can be mixed with water or juice immediately prior to administration

 For all doses less than 1000 microgram (1 mg), the captopril 5000 microgram/mL (5 mg/mL) oral solution must be diluted as follow:

Dilute 0.2 mL of captopril 5 mg/mL oral solution (i.e. 1 mg) to total volume of 10 mL. Final concentration is 100 **microgram**/mL. Give prescribed dose and discard excess.

#### **MONITORING**

Immediately prior to administration: document vital signs and observations on the appropriate chart(s)

## Initial dose (including 'test' dose) observations

- 1. Check blood pressure every 30 minutes for 2 hours
- 2. If the patient appears well and there is no clinically significant hypotension, continue as below

## Continuing treatment observations

- 1. If the dose has been changed, check blood pressure every 30 minutes for 2 hours, then every 4 hours.
- 2. If the dose has not changed, check blood pressure every 4 hours.

**Note**: Medical team may dictate different observation requirements, depending on the patient's clinical condition

## Recommended monitoring<sup>3, 4, 7</sup>

Serum potassium, renal function, urine protein

### **ADVERSE EFFECTS**

**Common:** Hypotension<sup>1</sup>, vomiting<sup>1</sup>, dry cough<sup>1</sup>, headache<sup>1</sup>, fatigue<sup>5</sup>, dizziness<sup>1</sup>, hyperkalaemia<sup>1</sup>, renal impairment<sup>1</sup>, pruritus<sup>5</sup>, rash<sup>5</sup>, taste disturbance<sup>5</sup>, sleep disorders<sup>5</sup>,

**Infrequent:** Angioedema<sup>1</sup>, neutropenia<sup>5</sup>, tachycardia<sup>5</sup>, anaemia<sup>5</sup>, flushing<sup>5</sup>, pallor<sup>5</sup>

**Rare:** Hepatitis (cholestatic or hepatocellular)<sup>1, 5</sup>, pancreatitis<sup>1, 5</sup>, hyponatraemia<sup>1, 5</sup>, Stevens Johnson syndrome<sup>5</sup>

#### STORAGE<sup>5</sup>

Tablets: Store below 25°C

Oral solution (Syrimed®): Store below 30°C – Discard 21 days after opening

#### **INTERACTIONS**

This medication may interact with other medications; consult PCH approved references (e.g. Clinical Pharmacology), a clinical pharmacist or PCH Medicines Information Service on extension 63546 for more information.

<sup>\*\*</sup>Please note: The information contained in this guideline is to assist with the preparation and administration of **Captopril**. Any variations to the doses recommended should be clarified with the prescriber prior to administration\*\*

## Related CAHS internal policies, procedures and guidelines

Drug Dosing In Overweight And Obese Children

**High Risk Medicines** 

**Neonatal Medication Protocols** 

#### References

- 1. Australian Medicines Handbook: Captopril [Internet]. 2023 [Available from: <u>Captopril Australian Medicines Handbook (health.wa.gov.au)</u>
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- 6. Flynn JT. Clinical Practice Guideline for Screening and Management of High Blood Pressure in Children and Adolescents. Pediatrics. 2017;140:e2017-1904.
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# Healthy kids, healthy communities

Compassion

Excellence Collaboration Accountability

Respect

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