#### **MONOGRAPH**

# **Furosemide (Frusemide)**

Scope (Staff):	Medical, Pharmacy, Nursing, Anaesthetic Technicians
Scope (Area):	All Clinical Areas

# **Child Safe Organisation Statement of Commitment**

CAHS commits to being a child safe organisation by applying the National Principles for Child Safe Organisations. This is a commitment to a strong culture supported by robust policies and procedures to reduce the likelihood of harm to children and young people.

# This document should be read in conjunction with this **DISCLAIMER**

QUICKLINKS					
<u>Dosage/Dosage</u> <u>Adjustments</u>	Administration	Compatibility	<u>Monitoring</u>		

#### **DRUG CLASS**

Loop diuretic (1)

#### INDICATIONS AND RESTRICTIONS(1-4)

- Treatment of oedema resulting from cardiac, renal or hepatic disease
- Oliguria and renal failure
- Hypertension
- Emergency treatment of pulmonary oedema and cerebral oedema

#### CONTRAINDICATIONS(1-3)

- Hypersensitivity to furosemide or any component of the formulation.
- Hypersensitivity to sulphonamides may show cross-sensitivity to furosemide.
- Anuria
- Severe electrolyte disturbances and fluid depletion
- Jaundiced infants or infants with conditions which might induce hyperbilirubinaemia or kernicterus

#### **PRECAUTIONS**

- Ototoxicity When used in combination with ototoxic drugs, rapid intravenous infusion, severe renal impairment, hypoproteinaemia (1, 2, 4, 5)
- When used in combination with potassium-lowering drugs risk of hypokalaemia, monitor serum potassium level closely (1)
- When used in combination with nephrotoxic drugs increased risk of nephrotoxicity, especially with renal impairment (1)
- Patients with obstruction of urinary outflow can cause acute urinary retention (1, 2)
- Hypotension, hypovolaemia, and significant electrolyte imbalances should be corrected before initiation of treatment with furosemide (2)
- Diabetes May impair glucose tolerance <sup>(3)</sup>

#### **FORMULATIONS**

Listed below are products available at PCH, other formulations may be available, check with pharmacy if required:

- Furosemide ampoules: 20 mg/2 mL, 250 mg/25 mL
- Furosemide tablets: 20 mg, 40 mg
- Furosemide oral solution: 10 mg/mL

\*\*Note\*\* Lasix® oral liquid contains 12.7% ethanol.<sup>3</sup> Tablets can be used where the risk of chronic alcohol exposure is a concern.

Imprest location: Formulary One

## **DOSAGE, DOSAGE ADJUSTMENTS & ADMINISTRATION**

**Neonates: Refer to Neonatal Medication Protocols** 

#### Children ≥ 4 weeks:

**Oral:** 0.5–2 mg/kg/dose every 6–12 hours. If response is not adequate after 6–8 hours, the dose may be increased by 1–2 mg/kg/dose, up to a maximum of 6 mg/kg/dose. Once diuresis is satisfactory, adjust to the lowest effective dose <sup>(2, 5, 6)</sup>

**Intermittent intravenous infusion or Intramuscular Injection:** 0.5–2 mg/kg/dose every 6–12 hours as required. If response is not adequate after 2 hours, the dose may be increased by 1 mg/kg/dose, up to a maximum of 6 mg/kg/dose <sup>(4-6)</sup>

**Continuous Intravenous Infusion:** 0.05–0.5 mg/kg/hour (up to 1 mg/kg/hr); start at a lower rate and titrate to effect <sup>(5)</sup>

#### **Renal impairment:**

- Higher and/or more frequent initial doses may be needed. <sup>(2)</sup> Monitor fluid balance and electrolytes closely. <sup>(4)</sup> Limit intermittent intravenous infusion rate to 2.5 mg/minute. <sup>(3)</sup>
- eGFR calculator

## **Hepatic impairment:**

 No dosage adjustments are required. Use with caution in patients with cirrhosis since imbalances of fluid and electrolyte may precipitate hepatic encephalopathy. (4, 6)

#### **ADMINISTRATION**

#### Intermittent intravenous infusion:

- May be administered undiluted or may be diluted to a convenient volume for administration.
- Infuse over at least 15 minutes, at a maximum rate of 0.5 mg/kg/min, or 4 mg/min, whichever is less. (2,7)
- Faster infusion rates may result in tinnitus, vertigo, and deafness, especially with high doses, in combination with other ototoxic drugs or in renal impairment <sup>(7)</sup>. Limit intermittent intravenous infusion rate to 2.5 mg/minute in renal impairment. <sup>(3)</sup>

#### **Continuous Intravenous Infusion:**

Patient's Weight	Concentration	Notes
10 kg or less	60 mg in 30 mL (2 mg/mL)	In a 3 kg patient 0.1 mg/kg/hr = 0.15 mL/hour
Above 10 kg	250 mg in 50 mL (5 mg/mL)	In a 20 kg patient, 0.1 mg/kg/hr = 0.4 mL/hour

#### **Intramuscular Injection:**

May be administered undiluted in exceptional circumstances where oral or intravenous administration is not feasible. Intramuscular injection is not suitable for acute conditions like pulmonary oedema.  $^{(3, 7)}$ 

## **COMPATIBILITY (LIST IS NOT EXHAUSTIVE)**

**Compatible fluids:** Glucose 5%, Hartmann's solution, sodium chloride 0.9%<sup>(7)</sup>

Compatible at Y-site: Plasma-Lyte 148

Only commonly used drugs are listed below. This is not a complete list of incompatible drugs. Compatibilities of IV drugs must be checked when two or more drugs are given concurrently.

## **INCOMPATIBLE** drugs (4,7):

Amiodarone, atracurium, caspofungin, diazepam, dobutamine, droperidol, fluconazole, gentamicin, ketamine, labetalol, midazolam, milrinone, morphine, mycophenolate mofetil, noradrenaline, ondansetron, pantoprazole, sulfamethoxazole/trimethoprim, tacrolimus, thiamine, vancomycin, vasopressin, vecuronium.

## **MONITORING** (1,6)

- Serum electrolytes
- Fluid balance

- Blood pressure
- Weight for heart failure
- Renal function and urine output
- Hearing (higher doses or extended treatment)

#### ADVERSE EFFECTS (1)

**Common:** Electrolyte disturbances, dehydration, metabolic alkalosis, increased serum creatinine, hyperuricaemia, gout, dizziness, orthostatic hypotension, syncope

Infrequent: dyslipidaemia, rash

**Rare:** tinnitus, vertigo, deafness (especially with rapid IV administration), acute pancreatitis, jaundice, thrombocytopenia, haemolytic anaemia, agranulocytosis, interstitial nephritis, exfoliative dermatitis, Stevens-Johnson syndrome, bullous eruptions

#### **STORAGE**

- Store ampoules, tablets, and Lasix® oral solution below 25°C, protect from light <sup>(3)</sup>.
- Store the alcohol-free suspension between 2-8°C.
- Crystals may form in ampoules at low temperatures and can be dissolved when warmed to  $40^{\circ}\text{C}^{(7)}$ .

Do not use IV solutions that are yellow or contain particulate matter. (7)

#### **INTERACTIONS**

This medication may interact with other medications; consult PCH approved references (e.g. Clinical Pharmacology), a clinical pharmacist or PCH Medicines Information Service on extension 63546 for more information.

<sup>\*\*</sup>Please note: The information contained in this guideline is to assist with the preparation and administration of **Furosemide**. Any variations to the doses recommended should be clarified with the prescriber prior to administration\*\*

#### References

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- 7. Burridge N, Collard N, Symons K, et al. Australian injectable drugs handbook. 9th Edition ed. Collingwood, Vic.: The Society of Hospital Pharmacist of Australia; 2024 [cited 16/07/2024]. Available from: https://aidh-hcn-com-au.pklibresources.health.wa.gov.au/browse/f/furosemide

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