

When to test for ketones

1

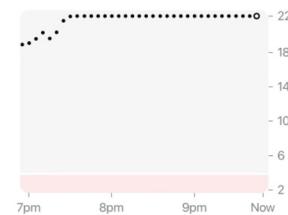


Feeling unwell

OR



HIGH
mmol/L



Glucose level above 15

2

Check blood ketones

3

If ketones

↑ ABOVE 0.6

- Follow Sick Day management guide
- Extra insulin may be needed
- If unsure call triage for advice at 6456 1111 (opt.2)

3

If ketones

↓ BELOW 0.6

- Continue glucose monitoring
- Consider an insulin correction

4

- Check blood glucose and ketones every 2 hours until ketones clear
- Drink water to stay hydrated