



Keeping our mob healthy

Patient's name:

Address:

DOB:

Doctor's/Nurse's signature:

Doctor's/Nurse's name:

Date:

(or attach sticker)

Write down for doctor

What did it look like (were they awake, did they stop breathing)?

When did it **start** and **how long** did it last?

Seizure first aid plan

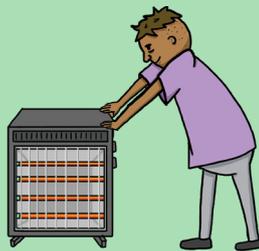
Convulsive seizure is when your limbs and body shake uncontrolled, when awake or unconscious.

1. Keep calm

2. Don't stop them shaking or try to hold them down



3. Move anything near them away, so they don't get hurt



4. Don't put anything in their mouth



5. Gently roll them onto their side (recovery position)



Call 000
If they stop breathing, or lips turn blue.
Stay with them till the ambulance comes

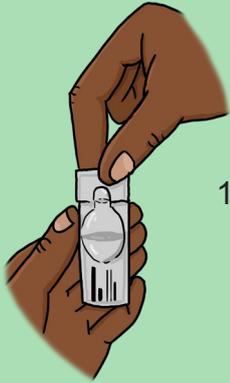


Give Midazolam if it lasted **more than 5 mins**

Buccal (in the cheeks) Midazolam
(buk-cal) (meh-daz-owe-lam)



Dose doctor prescribed.....mg ordrops
(5 mg of Midazolam = 20 drops)

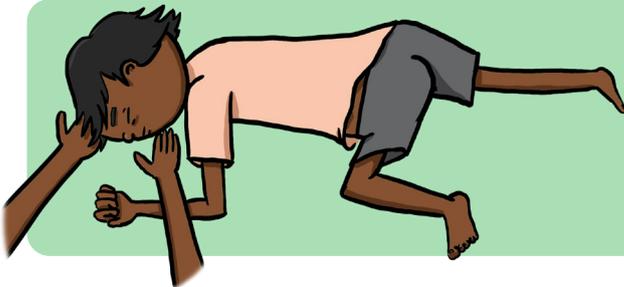


1. Twist tip of container



2. Empty unneeded drops using tissue. **Count them out**
This reduces risk of over dosing

3. Squeeze prescribed number of drops directly in between the gum and cheek. Give roughly half the dose on each side of the mouth.



4. After giving the buccal midazolam, place bub on their side. Follow your doctor's advice when to give a second dose and when to call an ambulance to take bub to hospital.

Talk to your GP, health clinic or pharmacist if you have any worries or concerns.



Government of Western Australia
Child and Adolescent Health Service

Child and Adolescent Health Service
15 Hospital Avenue, Nedlands, WA, 6009.
Telephone: (08) 6456 2222
Produced by: General Paediatrics Department / Social Work
Ref: 1096.1 © CAHS 2021

This document can be made available in alternative formats on request for a person with a disability.

Disclaimer: This publication is for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

© State of Western Australia, Child and Adolescent Health Service.