

Wound care at home

To help bub heal you need to look after their wound.

- The doctor or nurse will yarn about the best way to look after bub's wound, when they have a bath or shower.
- Make sure you keep the wound clean.
- No swimming, the wound can get infected.
- **Always wash and dry your hands** before you change bub's dressing.



Dressing pack

In your dressing pack you will have sterile gauze and a cleaning solution.

Bub's dressing should be changed

Changing bub's dressing

Wash and dry your hands



Lay dressing pack out



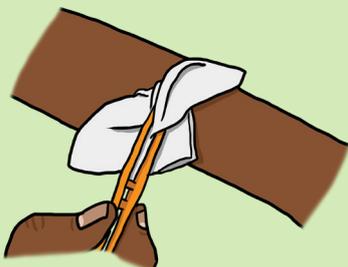
Empty cleaning solution into tray



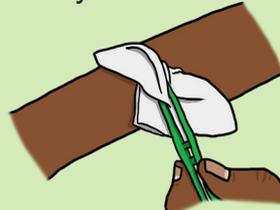
Remove bandage from wound



Clean the wound with gauze dipped in the cleaning solution. Don't use your hands or fingers there may be germs you can't see on them, use tweezers.



When wound is clean use sterile gauze to dry the wound



Put new dressing on wound



If bub is in pain

- Yarn to your doctor or nurse about pain medication before you leave the hospital.
- Give pain medication following advice on the packet.
- If pain medication is not working see your GP, health clinic or emergency department.

See GP, health clinic or emergency department if:



Wound is red, oozing and swelling



Bub has a fever or temperature



The wound is smelly



Bub has more pain

These are signs of infection

If you are concerned call the **Outpatient Department on 6456 2222**



Government of Western Australia
Child and Adolescent Health Service

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Disclaimer: This publication is for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

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