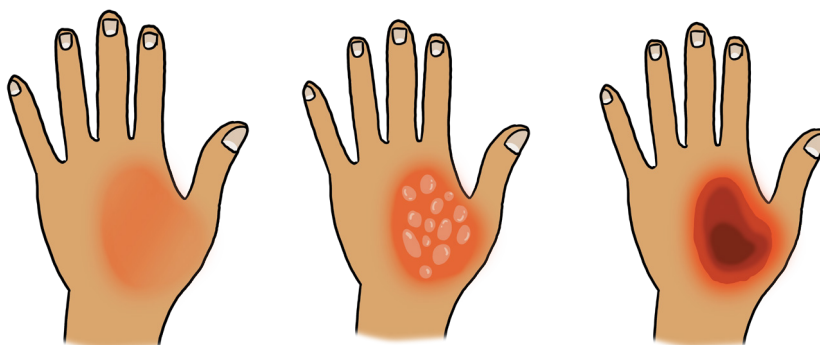




Burn discomfort: pain

Feeling some pain is normal when a burn is healing. If bub is not their normal self or not playing much or they are upset and difficult to settle, their burn may be hurting them.



Pain relief

If bub is in pain, give them paracetamol (Panadol®) **or** ibuprofen (Nurofen®) **not both**.



Paracetamol (Panadol)

Given at: _____

Next dose at: _____

No more than 4 times in 1 day

See packet instructions



Ibuprofen (Nurofen)

Given at: _____

Next dose at: _____

No more than 3 times in 1 day

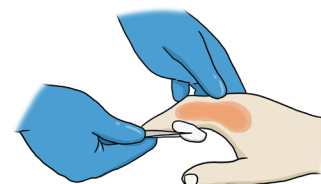
See packet instructions

You can also **yarn to your pharmacist** about pain relief.

Going to the Burns Outpatient Clinic

If bub is going to the Burns Outpatient Clinic (Clinic J) for dressing changes, please give them **Panadol or Nurofen 30 minutes before** their appointment. Bub's burn wounds will need to be washed and cleaned and this may be painful.

Before bub gets their dressing changed, tell the nurse what medication bub is having, it may change the type of treatment needed.



If bub is upset, in pain and pain relief is not working, please call:

- **PCH Ward 1B** on 6456 3630 or
- **PCH Pharmacy Department Drug Information Line** on 6456 0190 (select option 1), Monday to Friday during office hours.



Government of **Western Australia**
Child and Adolescent Health Service

**This document can be made available in alternative
formats on request for a person with a disability.**

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