



Discharge advice

Removal of metal (Screws, nails or plates)

Pain control

If bub is in pain give them paracetamol (Panadol) or ibuprofen (Nurofen).



Paracetamol (Panadol)

Given at: _____

Next dose at: _____

No more than 4 times in 1 day

See packet instructions



Ibuprofen (Nurofen)

Given at: _____

Next dose at: _____

No more than 3 times in 1 day

See packet instructions

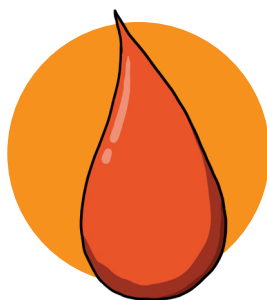
Some signs of infection:



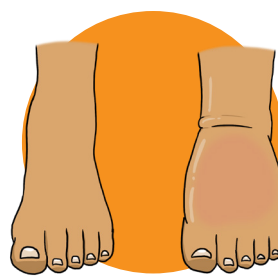
Smell coming from wound



Increase in pain



Too much or on going ooze or pus



Swelling and redness



Fever within 48 hours of the surgery

If you are worried or have concerns about bub see your GP or health clinic.

Care of dressings/bandages

It is normal to have some oozing from the wound after the operation. If bleeding continues, see GP or health clinic.



Remove outer bandage from wound after _____

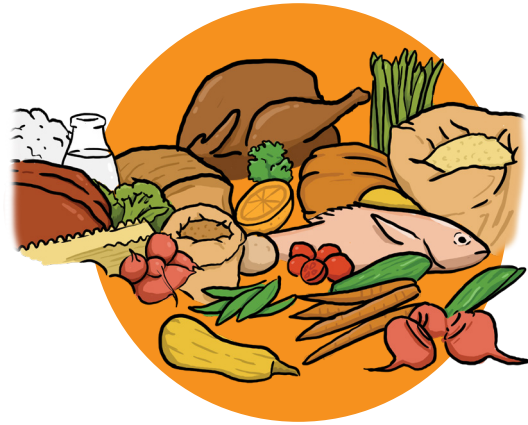
Leave other dressing on until the follow-up appointment.

Daily activity

- Move limb _____
- No sport until _____
- Bath or shower as instructed _____
- Avoid dirty play areas and activities like bike riding, skateboards and sandpits.
- Bub may swim after 10 days.

After the anaesthetic

Food and drink



- If bub has problems passing urine/ peeing, see GP, health clinic or go to the hospital.
- An adult must stay with them for at least the first 24 hours.
- See your GP or health clinic if the area where bub's intravenous catheter area on their hand has increasing redness, swelling or pain.

If bub is vomiting

- Give them no food or water for half an hour, then start sips of water.
- Slowly give bub more water bit by bit.
- If vomiting doesn't stop - see your GP, health clinic or go to the hospital.

Contact details

If you have any concerns after leaving the hospital, call 6456 2222 - ask for the **Surgical Short Stay** Unit between 7am and 9pm, Monday to Friday.

After these hours ask for **Ward 1B** or contact your GP or health clinic.

If you have forgotten or need to change your appointment, please call Outpatient Direct on 1300 855 275.



Government of Western Australia
Child and Adolescent Health Service

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This document can be made available in alternative formats on request for a person with a disability.

Disclaimer: This publication is for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

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