



I can use Buzzy Bee when I have my needle

1



My nurse/doctor has said that I need to have a needle. If I am worried about the needle, I can use Buzzy Bee to help me. I can play with Buzzy Bee first, to see if I like the feel.

2



Buzzy is a bee tool that vibrates. Buzzy has frozen wings that feel cold on my skin. Buzzy helps to distract my brain from feeling the needle.

3



Buzzy needs to be placed near to where the needle will go, between the needle and my brain. A nurse, doctor, or my caregiver will hold Buzzy Bee against my skin. Buzzy can be used for lots of different types of needles:

4



I can use Buzzy Bee if I need an immunisation.

5



I can use Buzzy Bee if I need an IV/drip or blood test. Buzzy Bee can also be used if I need a finger prick blood test.

6



I can use Buzzy Bee if I need a subcutaneous needle – the needle goes just under my skin, and might be used to give me medicine such as insulin.

7



I can use Buzzy Bee if I need a local anaesthetic injection, or to have a splinter or other 'foreign body' removed from my skin.

8



Now that I'm done I can do something that settles me if I'm upset, or find an activity to do while I wait.