I can use Buzzy Bee when I have my needle



My nurse/doctor has said that I need to have a needle. If I am worried about the needle, I can use Buzzy Bee to help me. I can play with Buzzy Bee first, to see if I like the feel.



Buzzy is a bee tool that vibrates. Buzzy has frozen wings that feel cold on my skin. Buzzy helps to distract my brain from feeling the needle.



Buzzy needs to be placed near to where the needle will go, between the needle and my brain. A nurse, doctor, or my caregiver will hold Buzzy Bee against my skin. Buzzy can be used for lots of different types of needles:

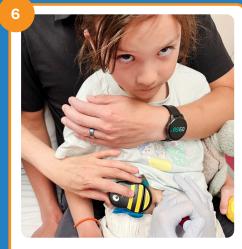




I can use Buzzy Bee if I need an immunisation.



I can use Buzzy Bee if I need an IV/drip or blood test. Buzzy Bee can also be used if I need a finger prick blood test.



I can use Buzzy Bee if I need a subcutaneous needle – the needle goes just under my skin, and might be used to give me medicine such as insulin.





I can use Buzzy
Bee if I need a
local anaesthetic
injection, or to
have a splinter
or other 'foreign
body' removed
from my skin.



Now that I'm done I can do something that settles me if I'm upset, or find an activity to do while I wait.