



I need a cannula for my medicine

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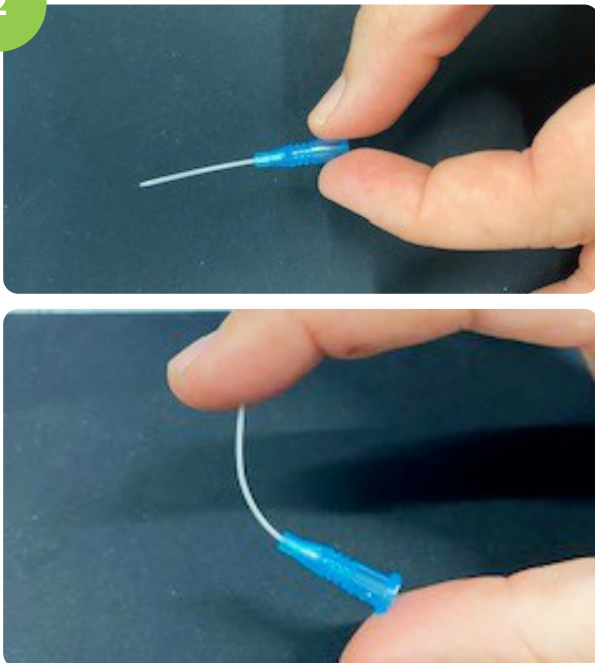
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1



My doctor/nurse has told me that I need medicine to help me feel better.

2



Some medicine needs to be given through a cannula, or small plastic straw, which goes into my arm or hand.

3



I will have numbing cream put onto my hands and arms. It is important that I leave this on. Some may squish out the sides and that's okay.

4



Once the cream is ready to come off, the doctor will put a tourniquet or band on my arm. This can feel tight, but it won't last long.

5



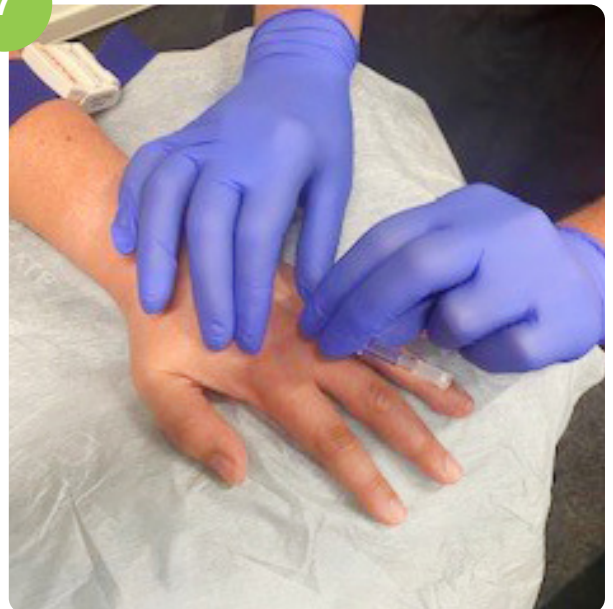
The doctor will feel my arms and hands. They will clean my arm with a cold wipe.

6



To feel safe and comfortable I can sit on my parent/ carer's lap, hold their hand, take deep breaths, look/not look, watch a device. This will help me keep still.

7



The doctor will put the small straw into my arm or hand then remove the needle. I might feel this, but it won't last long.



The doctor will put some tape and a bandage over the straw so it doesn't move.
I am now ready for my medicine to be connected.