



I need a lower limb (legs) neurological exam



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I need a neurological examination of my legs so that the doctor can check how my nerves are working.

My nerves help my muscles move and help my skin to feel.

The doctor might do only some of these things and might do them in a different order. They will choose what I most need checked to help me get better.



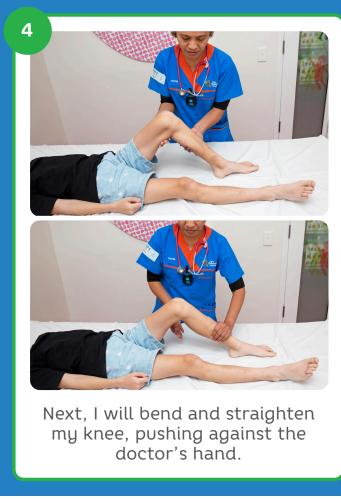
I will lie down on the bed and have my legs checked. The doctor will move my legs while I lie still. I need to keep my legs floppy, like wobbly jelly on a plate, and let the doctor move them around gently.

Then I will show how strong my legs are!

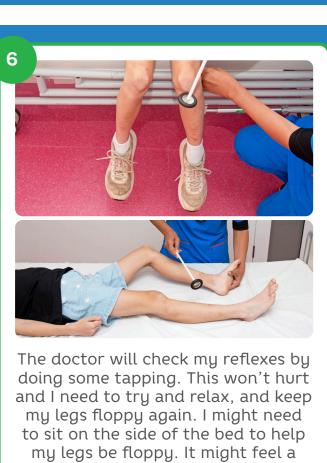




I will lift my leg off the bed, keeping it straight. I will push up into the doctor's hand, then down against their hand towards the bed.

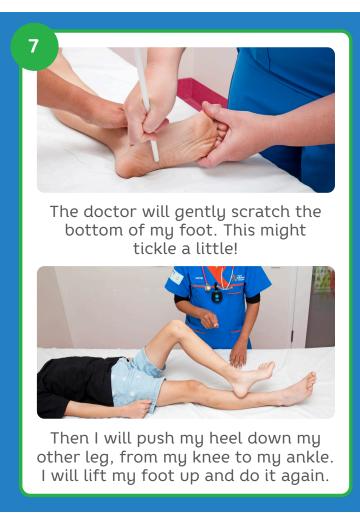






little funny when my leg moves, but

this will only last a second.



I will show the doctor my walking – I might walk normally, then on my toes, then on my heels, and then like I'm on a tightrope with one foot just in front of the other.







I might close my eyes and tell the doctor when I feel them touching my legs.



Now that I am finished, the doctor will tell me what we need to do next so that I can get better.